



## 29th Annual TN Area 52 Al-Anon/Alateen Convention

*Walking in Memphis – Living in Recovery 9/18-20 2026*

### ● Friday – September 18

**3:00 PM**

Hotel Check-In (Dinner on your own)

**6:00 – 7:00 PM**

Ballroom – Steps 1–3: Healing Starts Here

Poplar – Newcomers Meeting

Executive – Open AA Meeting

Madison – Alateen Pizza Party

**7:00 – 8:30 PM (Ballroom)**

Welcome

**Alateen Speaker:** Alana W (MS)

**Al-Anon Speaker** Jeniffer S Alana’s Mom (MS)

**8:30 – 9:30 PM (Ballroom)**

Karaoke & Ice Cream Social

#### Upstairs Veranda

Friday 3p-7p 8:30p-9:30p

- Convention Registration
- Literature
- Merchandise

### ● Saturday – September 19

**6:30 – 8:00 AM (Ballroom)**

Continental Breakfast

**8:00 – 9:00 AM**

Ballroom – **Workshop:** FEAR: Turn Off the Horror Movie

Poplar – Sponsorship: Get One, Be One

Union / Beale – The 3 A’s: Honor Roll Recovery

Executive – Open AA Meeting

**9:00 – 10:00 AM**

Ballroom – **Panel:** Double Winners – You Hit the Jackpot

Poplar – Drop the Rope – End the Games NOW

Union / Beale – Romance: The Dilemma of the Alcoholic Marriage

**10:00 – 11:00 AM**

Ballroom – **Grief Workshop** – The Empty Chair (Shelley C)

Poplar – Gratitude: The Other Big G

Union / Beale – Step 4: I Just Can’t Face It!

Madison – Alateen Workshop

#### Upstairs Veranda

Saturday 7:30a-9a

12:30-1:30

6p-7p

- Convention Registration
- Literature
- Merchandise

Please note- all meeting last approx. 45 min to allow time to get to your next event

**11:00 AM – 1:30 PM (Ballroom)**

**Speaker:** Angie B (Destin, FL)

Buffet Lunch

**1:45 – 3:00 PM (Ballroom)**

*Entertainment:* Recovery Repertory Theater

**3:00 – 4:00 PM**

Ballroom – **Workshop:** Emptying Your Backpack – Step 6 (Sherry G)

Poplar – Al-Anon Slogans-have you heard this one?

Union / Beale – Applying the 12 Traditions at Home

Executive – Open AA Meeting

**4:00 – 5:00 PM**

Ballroom –: **Financial Workshop** (Angie B Destin Fla)

Poplar – Double D’s (Denial & Detachment)

Union / Beale – Resentments: From Holding on to Healing

Madison – Alateen Meeting

**5:00 – 6:00 PM**

Ballroom – **Workshop:** The 4 Pillars of Al-Anon (Erik, Nashville)

Poplar – 5 Questions Before You Decide to “Help”

Union / Beale – Spirit Walk (Doors close at 5:15)

**6:00 – 7:30 PM**

Dinner on your own

Final Silent Auction Bidding

**7:30 – 9:00 PM (Ballroom)**

**Speaker:** Ralph B (Georgia)

Silent Auction Winners Announced

● **Sunday – September 20**

**8:30 – 9:30 AM**

Ballroom – GOT HP? - Faith is the Foundation

Executive – Open AA Meeting

Madison – Alateen Meeting

**9:30 – 11:00 AM (Ballroom)**

*Speaker:* Jen (Memphis) – Brunch

**11:00 AM – 12:00 PM (Ballroom)**

Convention Wrap-Up

Last call Literature/ Merch

