Tennessee Fall Assembly November 2-3, 2024

The **2024 Fall Assembly** met on November 2-3, 2024 at Lebanon, TN. The meeting was called to order at 9:01 am by Tarcila F., Chairperson with a moment of silence followed by the Serenity Prayer. The following officers were in attendance: Irene F., Delegate; Tarcila F., Chairperson; Patty Chambers, Treasurer; Marian P., Secretary; Erik T., Technology Coordinator. There were twenty members present in the room with seven of them being voting members, i.e., the Group Representatives (GRs) or their Alternates. Thirty-one members were in attendance on Zoom with 24 voting members. In the Zoom room, the number of voting members fluctuated during the meeting. Attendance sheets are available for both physical and electronic attendees.

TOPIC	DISCUSSION	FOLLOW-UP
ANNOUNCEMENT	Chairperson Tarcila F. began the meeting with announcements and requirements for voting. She also covered the "Ask it Basket" procedure, "Suggestion Box," "GR Concerns," and "Experience, Strength, and Hope" (ESH) options for submitting questions and comments.	No action at this time.
FUNDRAISER	Don F. notified the group that he had the excess fundraising items from the 2024 TN Area 52 Convention with him. He invited attendees to purchase items to support fundraising for the 2025 Convention.	No further action needed.
STEPS, TRADITIONS, CONCEPTS	The Twelve Steps were led by Tarcila F.; the Twelve Traditions were led by Susie R., and the Twelve Concepts were led by Karla K.	No further action needed.
MIXER	Loring T. brought the "Mixer" activity to the group. She asked for volunteers to share the last photo on their camera roll and tell why it was significant.	No further action needed.
MINUTES	The Minutes from the 2024 Spring Assembly were presented by Marian P., Secretary. There were no corrections, comments, or edits.	Motion #1: "I move the minutes from Spring Assembly 2024 be accepted as written." The Motion carried.

	Motion #1 was made by Linda B. (D-12-C): "I move the minutes from Spring Assembly 2024 be accepted as written;" second was Liz D (D-20-A). There were 33 yes; zero nay; two abstentions. The Motion carried.	
	Patty C. gave the Treasurer's Report which included the Cover letter, Profit & Loss (P&L) Budget vs. Actual January through September, 2024; Balance Sheet as of September 30, 2024; Budget 2025; First Horizon bank statement as of September 30, 2024; and "How the Area Serves Your Groups" listing. All documents are available online at main@AWSCTN52.groups.io Files Patty C. noted that there is an overage in ample reserve resulting from COVID hindering activities. Relative to the P&L Statement, she noted we are well on the way to meeting our fiscal goal. The Convention proceeds were approximately \$14,340; \$5,000 will be seed money for the next Convention. The remainder will go into the operating budget. This was her first year managing the finances for the Convention.	Treasurer's report files can be found online at: main@AWSCTN52.groups.io Files
TREASURER'S REPORT	A Technology budget was added for this year. To date on the report, \$159 was spent on equipment for technology. Subsequently, Erik T. shared he used \$749 to upgrade camera, speaker, etc. for Zoom meetings. A question was asked about reimbursable expenses for the Area World Service Committee (AWSC) Coordinators. Patty C. advised it is on the "Budget Line-Item Definitions;" reimbursable expenses include lunch, travel, and associated Area business copying and printing, etc. There was a question about seed money for the next Convention. Patty C. advised that the Convention Treasurer monies are reconciled by that Treasurer. Patty C. is	Motion #2: "I move to accept the 2025 Proposed Budget." The Motion carried.
	seeking advice about making a journal entry for the Convention funds. An additional question was asked about the approval process to withdraw from the reserve funds. Patty C. responded that \$20,000 is the ample reserve. As there is	

	\$27,000 in the account, \$7,000 can be moved after discussion with the Board and its approval. Anything needed for a major expense gets the Board approval. Patty C. further explained that there are two accounts for the Convention: one for odd numbered years and one for even numbered years to help sort the number of expenses going in and out. There are separate Treasurers for the Area and the Convention. Each year's Convention Committee has its own Treasurer. Once the Convention is over, the Convention Treasurer settles the accounts and gives the information to Patty C. who makes a journal entry. For the proposed budget, Patty C. raised the contribution amount to \$12,000 (\$1,000 more than previous budget). The Area works on a zero-balance budget. Some items are increased due to expected inflation impacts. Motion #2: "I move to accept the 2025 Proposed Budget" brought by Rob G. (D-5B) and seconded by Kathy H. (D-20B). There were 24 ayes, two noes'; zero abstentions. The Motion carried.	
GR REPORTS	Carolyn S. D-12-D, presented her Knowledge Based Decision Making (KBDM) report requesting to join D-12-C. She reached out to the groups in the two Districts to get approval. See report online under: KBDM District 12-C regarding "Easy Does It" 12-D Donelson.docx Motion #3: "I move that Donelson AFG be allowed to join District 12C." The Motion was made by Rebecca B. (D-20-D) and seconded by Carolyn S. (D-12-D). There were 27 ayes; zero nay; zero abstention. The Motion carried.	Motion #3: "I move that Donelson AFG be allowed to join District 12-C." The Motion carried.
DELEGATE'S EXPENSE	There was discussion of the Delegate's expense to the annual World Service Conference (WSC). There is an equalized rate in which everyone pays the same regardless of distance traveled, or an actual rate in which the Area pays the actual expense which saves the WSO (World Service Office) from covering the Area's costs thereby allowing others to attend. Any surplus funds go to the general fund.	Motion #4: "I moved to recommend to Assembly the Area pay the actual expense for the Delegate to attend the 2025 World Service Conference." The Motion carried.

	Questions were asked about last year's budget and whether the equalized or the actual amount was paid. Patty C. responded that last year \$2,527.68 was paid. Patty C. advised that there is money in the budget to pay the full expense. Cindy H. shared that in the past the Area paid the full amount unless unable to afford it and then the equalized amount was paid. The budget for the 2025 WSO Conference is higher because every three years a trip to Stepping Stones in NY is included in the World Service Conference activities. Ben V. noted that the Stepping Stones event is held every three years and is viewed as an important spiritual aspect of the Conference. Motion #4: "I moved to recommend to Assembly the Area pay the actual expense for the Delegate to attend the 2025 World Service Conference" made by Rebecca B. (D-20D) and seconded by Susie R. (D-12B). There were 26 yea votes; zero no; 1 abstention. The Motion carried.	
HOUSEKEEPING WORK GROUP – DELEGATE'S SERVICE POSITION DESCRIPTION	Tarcila F. shared that she is Chair of the TN Area Guidelines Housekeeping Work Group (TAGHWG) which is tasked to review guidelines and found many guidelines to be out of date. She referenced the KBDM for the Work Group (see online: KBDM Suggested Updates to Area Guidelines, Service Positions and Forms (see main@AWSCTN52.groups.io Files). A form is used for a KBDM to request changes. Previously, the Assembly approved reimbursement at the IRS charitable rate per mile but the reimbursement form was not changed. Tarcila F. read the KBDM and noted that the "Basic Skills and Knowledge Requirements" are included in all service position descriptions. Tarcila F. brought the service position description for Delegate to the Assembly (form found online at main@AWSCTN52.groups.io Files) under "Suggested Guidelines Delegate." Discussion followed and then the update of the Delegate Service Position Description was brought to vote.	Motion #5: "I move to accept the TAGHWG's recommendation to update the Delegate's Service position description." The Motion carried.

	Motion #5: "I move to accept the TAGHWG's recommendation to update the Delegate's Service position description" was made by Kathy H. (D-20B) and seconded by Debbie O. (D-6). There were 24 ayes, zero no; zero abstention. The Motion carried.	
ALATEEN REPORT	Carol Anne M. gave the Alateen report noting there are 30 certified Al-Anon Members Involved in Alateen Service (AIMAS) (see report online). Requirements include being 21 years old with at least two years of active Al-Anon attendance. Currently, there are two new AIMAS' in the process of approval in West TN; six Alateen groups meet in person (3 East TN, 1 Mid TN, and 1 West TN). There is also an online group with six AIMAS sponsors. Carol Anne noted that Al-Anon folks wishing to be involved in Alateen must have a background check to be approved by WSO to serve either in-room or on Zoom.	No further action required.
DELEGATE'S REPORT	Irene F. is the Area Delegate. Her report is available online. She reported on her trip to WSC in April. Irene related discussions from the WSC which included "Choosing a Group Name." Group names are to be inclusive and not specific to any one group. That change will affect new groups or changing the name for older groups. Irene showed how to use Al-Anon.org to search for meetings. Also, the WSC will move "Local Services" in Groups at Work to a guideline rather than it being in the Service Manual under "Autonomy of Groups." There were updates to the Service Manual. See report pg. 12. She noted that there are not many questions about Al-Anon that are not covered in the manual. There was discussion at the Conference because the Delegates wanted to be included on the Conference Leadership Team (CLT) to create the agenda for the WSC. The Trustees voted and agreed that there would be three Delegates included (one from each panel).	

Irene F. also shared that the new publication, "A Little Time for Myself," a daily reader, sold quickly. There are currently 45 people total serving in the WSO office. With postage and supply chain increases their expenses are \$552,515. There is a summary in the report showing the surplus.

The Board of Trustees gives a quarterly report. The Trustees reviewed expense reports and noted that going to Stepping Stones increases expenses quite a bit. A question was asked about Stepping Stones. Irene F. explained its significance. She had previously submitted a poll to Area members; she received a 50/50 response in TN about retaining the annual Stepping Stones trip. She explained that because there was much opposition to stopping the custom, it will continue as before with the Conference rather than the Delegates planning the trip. Irene F. was able to speak to a former TN Delegate who remembered that the Trustees had given a verbal commitment to continue the trip to Stepping Stones if the WSO moved from NY to VA.

The Conference had also been five days long; it was reduced to four days for a three-year trial. Irene F. shared it was grueling work. It was discovered that the demands were too great and the Conference will resume a five-day agenda beginning in 2026.

To go to Stepping Stones, the equalized expense is \$2,532 for 2025; the full amount is \$3,617.71 to be paid in the Fall. Patty C., Treasurer, is preparing the check to send for the full amount.

eBooks sales became a challenge for the WSO. The Al-Anon structures in foreign countries did not benefit from the electronic literature sales; there was not a method for them to obtain a profit from the sales. Legal agreements have to be created for foreign structures. When Amazon sells an Al-Anon book, the WSO gets a portion; the other structures need to have the same profit as the WSO literature center has.

Irene F. has accepted a position on the WSO's Public Outreach Committee. She is welcoming ideas for Public Outreach. The ideas are reviewed and discarded or passed on.

Treasurer, Patty C. will send a check to WSO for the full amount of Delegate's cost.

Research has shown that there is a tangible benefit to Al-Anon membership. The benefit of the research shows there is an improved quality of life for Al-Anon members.	
A workshop for sponsorship shows the highlights of sponsorship. Irene F. asked for a few short testimonials about sponsorship.	
Irene F. thanked the Assembly for allowing her to serve as Delegate. Her sources can be found at: www.al-anon.org	
Tarcila F. asked the GRs to discuss electing a District Representative (DR) if there is none for their District. She also suggested talking with other groups in their District to stir up interest in being a DR.	
Tarcila F. also shared that there are copies of the 2024 WSC Summary for each GR in the room. The summary is also available for free download at al-anon.org.	No action at this time.
There is an opening for an Area Records Coordinator. Some computer skills are needed. Inform Irene F. if interested.	
Ben V. shared exciting news about a new pamphlet, "Healing in our Alcoholic Relationships." The WSO is also gathering ESH for a new piece of literature on Sponsorship and they have asked members to submit sharing. There is a link for literature on the Al-Anon website with information for guidelines, <i>The Forum</i> , and pamphlets available. Ben encouraged members to use literature as a way to remember the Al-Anon message as well as pass it on to others. He also suggested a book would be a nice gift to celebrate recovery and family milestones.	No action needed.
Christine F., Alternate Delegate and <i>The Forum</i> Coordinator was not available for a report.	No action taken.
	benefit of the research shows there is an improved quality of life for Al-Anon members. A workshop for sponsorship shows the highlights of sponsorship. Irene F. asked for a few short testimonials about sponsorship. Irene F. thanked the Assembly for allowing her to serve as Delegate. Her sources can be found at: www.al-anon.org Tarcila F. asked the GRs to discuss electing a District Representative (DR) if there is none for their District. She also suggested talking with other groups in their District to stir up interest in being a DR. Tarcila F. also shared that there are copies of the 2024 WSC Summary for each GR in the room. The summary is also available for free download at al-anon.org. There is an opening for an Area Records Coordinator. Some computer skills are needed. Inform Irene F. if interested. Ben V. shared exciting news about a new pamphlet, "Healing in our Alcoholic Relationships." The WSO is also gathering ESH for a new piece of literature on Sponsorship and they have asked members to submit sharing. There is a link for literature on the Al-Anon website with information for guidelines, The Forum, and pamphlets available. Ben encouraged members to use literature as a way to remember the Al-Anon message as well as pass it on to others. He also suggested a book would be a nice gift to celebrate recovery and family milestones. Christine F., Alternate Delegate and The Forum Coordinator was not available for a

CONVENTION COORDINATOR REPORT	Cindy H., Convention Coordinator noted that many positions for the 2025 Convention Planning Committee have been filled. Still needed are volunteers for the literature table, welcome, and registration. The location has been announced as the Holiday Inn at Cedar Bluff, Knoxville, TN, off I-40, exit 378. The dates are August 15-17, 2025. The contract was recently signed. There is a Treasurer for the Convention. The Convention will be available by Zoom or in person. There is no Fundraiser Chairperson yet. The theme is "Thriving in 2025."	No action at this time.
CHAIRPERSON'S REPORT	Tarcila F. shared the Chairperson's Report (see report online). She gave the dates for upcoming AWSC and Assembly in 2025 which will be held electronically and at Comfort Suites in Lebanon, TN. The dates are: Spring AWSC: February 14-15, 2025 Spring Assembly: May 17-18, 2025 Fall AWSC: September 13-14, 2025 Fall Assembly: November 14-15, 2025 Tarcila F. also noted that while electronics (Zoom) has been used for meetings, its use was never formally made a part of the Area Guidelines. She brought it forth for an official vote.	No action at this time.
WEBSITE COORDINATOR REPORT	Michele E., Website Coordinator, gave her report. She began her position in June. She is a web designer and can make changes to the site quickly, even updating the Convention site as it changed, and she created a Zoom convention page. The Members Area Newsletter page was renamed to "TN Travelers Newsletter." The Group Records page was overhauled to remove unnecessary forms and add others. The Spring Assembly Delegates' Report was added. The Literature Coordinator continues to update that section. A new page, "Public Outreach" was created. Michelle tries to keep all information updated. Please reach out to her with information.	No action at this time.

TECHNOLOGY REPORT	Erik T. shared that the Technology Committee is made up of himself, the Website Coordinator, and several Product Specialists. Previously, Erik T. worked to obtain Microsoft's MS 365 platform for non-profit organizations at no cost. He obtained 299 licenses to download the suite for Area Al-Anon business. He also obtained a CANVA license which includes access to the Premium version to create flyers, brochures, posters, etc. Erik T. reported that the Convention was a successful hybrid event. He has helped the 2025 Convention Committee set up so they can run it themselves. He noted that the Area was using a compilation of donated, personal, and used equipment. He recently purchased equipment for the Area including a conference camera, speaker/microphone, and computer monitor. Erik T. is working on ways for people to have training sessions to access MS 365 for their area. He opined that the more people doing Area business use it to collaborate, the better.	No action at this time.
AREA TASK FORCE REPORT	Tarcila F. recognized that the Area voted to use electronic means for meetings but never made it official. She shared: 1) 2020 Fall AWSC minutes: Develop an Area Technology Dept; 2) 2020 Fall Assembly minutes: "The Electronic Meeting Work Group is evaluating considerations about electronic Al-Anon meetings (by Leah for the Delegate's report); 3) 2021 Spring AWSC minutes: The Thought Force recommending that the AWSC recommend to Assembly to approve the development of an Area Technology Coordinator position; 4) 2021 Spring AWSC minutes: AWSC decided that the Spring Assembly in 2021 would be held over Zoom. She recommended that as we are already using electronic means and plan to do so in the future, it should be accepted by the Assembly. After discussion a Motion was made.	Motion #6: I move that the Area makes electronic attendance possible at all TN Area meetings." The motion carried.

	Motion #6: I move that the Area makes electronic attendance possible at all TN Area meetings" made by Tarcila F. (D-12-C) and seconded by Becca B. (D-20-D). The ayes were 24; two no; zero abstentions. The Motion carried.	
AREA ARCHIVES COORDINATOR REPORT	Karla K., Area Archives Coordinator, gave her report (see online). Karla K. is working on combining all binders, and plans to create an archive index.	No action at this time.
AISL COORDINATOR REPORT	Carol M. gave her report for KADA Districts 2-6 (see online). She reported that 5 or 6 meetings with KADA in D-2 asked to join the Appalachia District. There was history that Carol M. was not fully knowledgeable about relative to a District move. It's only been a week and Carol M. needs to discuss with KADA. There was discussion from those with memory of the situation. A recommendation is to research for next Assembly.	Carol will do research on the D-2 historical move to/from KADA and report at Spring Assembly.
HOUSEKEEPING WORK GROUP – TREASURER'S SERVICE POSITION DESCRIPTION UPDATE	Tarcila F. introduced the updated service position description for the Treasurer (see online). Ben asked if reimbursement requests are reviewed by Treasurer. They are reviewed and they follow the Area Reimbursement Guideline recommendations. Motion #7: "I move to accept the TAGHWG's recommendation to update the Treasurer's Service Position Description" made by Shelly C. (D-20-B) and seconded by Carolyn S. (D-12-C). There were 19 ayes; zero no; zero abstentions. The Motion carried.	Motion #7: "I move to accept the TAGHWG's recommendation to update the Treasurer's Service Position Description." The Motion carried.
HOUSEKEEPING WORK GROUP – EXPENSE REIMBURSEMENT GUIDELINES UPDATE	Tarcila F. brought the updated "Expense Reimbursement Guidelines." Grace M. noted the form is only for Officer/Coordinator expense reimbursement, not for GR/DR expenses. Motion #8: "I move to accept the TAGHWG's recommendation to update the TN Area Expense Reimbursement Guidelines" made by Linda B. (D-12C) and seconded by Kathy H. (D-20B). There were 19 ayes; zero no; zero abstentions. The Motion carried.	Motion #8: "I move to accept the TAGHWG's recommendation to update the TN Area Expense Reimbursement Guidelines." The Motion carried.

HOUSEKEEPING WORK GROUP – EXPENSE REIMBURSEMENT GUIDELINES UPDATE	Karla K. worked on creating a fillable form for reimbursement claims (see form online). She showed the areas that were updated on the form and explained the reasons for the updates. Receipts must be attached. The form can be filled out online, printed, or scanned, and sent to the Treasurer. Tarcila F. mentioned that GR's might wonder why they approve a form they do not use. It is because GRs make decisions regarding Area business, also it is valuable and can be adapted for their Districts. Motion #9: "I move to accept the TAGHWG's recommendation to update the TN Area Expense Form" made by Kathy H. (D-20-B) and seconded by Carolyn S. (D-12-C). There were 19 ayes; zero no; zero abstentions. The Motion carried.	Motion #9: "I move to accept the TAGHWG's recommendation to update the TN Area Expense Form." The Motion carried.
GR REPORTS	Gay S., Western Nashville: good growth over 18 months; consistently 25 people. Good mix of new and long time. Newcomer meetings. Hard to find people to step up for positions. Kathy H., Memphis: Started 3.5 years ago; have about 12 regular members averaging 8 to 10 at meetings. Jaclynn D., Franklin: She started as GR in January. Meeting back to 15, old timers are back, group is alive now. There is perseverance in personal growth. She is committed to meet every month for a business meeting. She is learning how to manage relationships outside her own family. Linda C., Hendersonville: She is just starting as GR. Meetings are at 7 PM, at least 12 people and there are newcomers every week. Judy B., Knoxville: there are 12 members in person and 6-7 online. They have a newcomer meeting. Carolyn S., now in D-12C: they have a hybrid meeting. The group has grown in the past 6-8 month; they average 7-10 members per meeting. There is some trouble	No action necessary.

	getting positions filled. This is her second year of Assembly meetings and becoming more confident and understanding what is going on.	
TECHNOLOGY QUESTION	Michelle E. was asked "How much time before meetings should Zoom invitations be sent out?" Erik T. advised that as soon as the Zoom meeting is created, registration is open. He chooses when to send out the link. Tarcila F. shared documents should be posted to the online site two weeks ahead of meeting. Tarcila F. then asked if people wanted more than two weeks before. The general consensus was that two weeks was sufficient. She made a recommendation that the issue be sent to the attention of the TAGHWG.	There was a recommendation that Zoom invitations be made available two weeks prior to Area meetings and that such recommendation be added to the Area Technology Coordinator's Service Description by the TAGHGW.
GR REPORTS	Margie H., Murfreesboro, D-13: the group is working through "How Al-Anon Works." There are 8-15 members with a good mix of old and new. It is a safe place and that is one of its strengths. Shelly G., Memphis, D-20B: the group has been meeting for over 40 years; they have a Step study; the 4 th week is a Tradition of the month; the 5 th week is by choice. Kathleen F., Knoxville: there are simultaneous A.A., Al-Anon, and Alateen meetings. There are 10 AlMAS. Alateen averages 7-9 members. There are often newcomers. Al-Anon will have its 6 th year celebration there. 30-40 people attend each week. All service positions are filled. They have a Greeter position for the past month to greet newcomers at the door. Kim R., Dickson, D-14: during elections, few stand for positions; but they have a Secretary and Treasurer. After group conscience, service positions from the Service manual were provided, now all positions are filled. Average 15 people. They give "How Al-Anon Works" to newcomers. They did their first inventory. They hold a business meeting once a month. Diane H., Franklin: they recently moved locations. Their group is thriving, robust about 20-30 people consistently. Eight to 10 more are sporadic.	No action necessary.

	Liz G., Memphis, D-20A: they have 30-35 people. They have had the same treasurer for a while and no group inventory. They've had their first new treasurer and secretary and first-time literature chair. Susie R., Nashivlle: they have a hybrid meeting with 10-15 people. They read from "As We Understood." Every other month is a business meeting. There are a lot of newcomers in and out. There is a challenge with established members coming to meetings and a challenge with people filling positions. Her personal growth is that service helps her get out of herself and she's made lots of new friends. Denise M., Paris: they have a small group of 7-10 people. Everyone has a service position. All members help with membership. There is an occasional newcomer. They are looking into attending Health Fairs in their very rural area. They hold position elections in Dec/Jan. Mary P., Farragut: they have a hybrid meeting of 4-5 in person and 4-5 online. They are doing a book study. All positions are filled except alternate GR.	
ADJOURNMENT	The meeting adjourned for the evening at 5:25 pm.	
RESUMPTION OF BUSINESS	The Assembly resumed on Sunday, November 3, 2025 at 8:03 AM with a moment of silence followed by the Serenity Prayer led by the Chairperson, Tarcila F.	

SPIRITUAL SHARING	Becca B. (D-20) brought the spiritual sharing from "As We Understood." She shared about boundless gratitude; often asking for God's guidance and then ignoring it; and that control is an illusion.	No action needed.
DISTRICT 12-A FUNDS DISCUSSION	Tarcila F. shared that District 12-A is no longer functioning. The former District Representative (DR) contacted the Officers to advise that she has the District – 12-A funds and is uncertain what to do with them. It was suggested to put the District 12-A funds into a holding fund in the Area Treasury until it can be decided what to do. It is hoped the District will become active in the future. The Chairperson appointed a Task Force and Cindy H. will act as Chair to research redistricting. Cindy H. asked for volunteers to be on the Task Force from Central and West TN. Cindy thought to perhaps eliminate District divisions such as A, B, C, and D and make use of the electronic District option which was approved by a previous Assembly. Tarcila F. mentioned that GRs not represented by a DR were invited to take the opportunity to serve on the Task Force and have voice in the matter. The following people will be on the Task Force: Cindy H., Chairperson, Ben V., Carol M., Carol Anne M., Liz G., Elsie M., Erik T. A Task Force form was completed.	 The District – 12-A funds will be held by the Area Treasury in a holding fund; Cindy H. will Chair a Task Force to research redistricting.
GR CONCERNS	The GR Concern was "How can we set up training for how to be a sponsor?" Ben V. suggested it was a good opportunity to write for the upcoming pamphlet on sponsorship. Other suggestions were to look at the guidelines; obtain ESH from other groups; call on the trusted officers at the area level; and there is a pamphlet on service sponsorship. Irene F. will send information for asking a service arm to put on a workshop. Grace M. suggested the person who asked the question be willing to head a workshop. Tarcila F. shared that she has a workshop on sponsorship and is willing to share it for an Area Workshop using Zoom.	Irene will send information for getting a service arm to put on a workshop.
ASK IT BASKET	Susie R. worked with Liz G. and Gay S. to answer the "Ask It Basket" questions. The first question was about group inventory (see attached).	Irene F. will send out the Form G- 8a for inventories in a Word format.

They suggested using the WSO guidelines (G-8a and G-8b) for taking an inventory. Both forms can be downloaded from the Al-Anon site. Irene F. shared she has the G-8a form in a document format and will send it out. Tarcila reminded that all Al-Anon guidelines are available online for free download. If meeting in person, the questions could be divided among members and have a business meeting later to discuss. The question about using Survey Monkey was sent to Erik T., Chair of the Technology Committee. Erik noted that Google docs have a survey feature and that MS Forms can also do the same as Survey Monkey.

The next question (see attached) was about PO Box rentals to be certain *The Forum* is received. Susie R. answered that groups are autonomous and can obtain PO Boxes if they wish. The cost can be upwards of \$200 to \$250 per year. An idea was to change the current mailing address and have *The Forum* sent to a trusted servant who is more regular in attendance. Elsie M. advised that the district sends a copy of *The Forum* to GRs and to give her the information so she can follow-up. There is a problem with people having *The Forum* sent to their homes and forgetting to bring it to group meetings. A suggestion was to have two copies of *The Forum* sent to two different people. That would increase *The Forum* subscriptions and increase the chances of it getting to a meeting.

Another question was how do groups make group decisions (see attached). Susie R. responded that every group has different ways to make decisions: 1) have a business meeting about the issue. Have a business meeting on odd months. Announce it three times. Decisions are made among the people who are there; 2) take a group conscience at the meeting. Ben V. reminded that there is a "Right of Decision" in the Service Manual and "Participation is the Key to Harmony." His group has steering committees; all are invited, not all show up; 3) Grace M. opined that the GR sets an agenda two weeks ahead and sends to all members. She uses the KBDM process. 4) Tarcila F. shared a topic is announced for three weeks; all are invited to a steering meeting but only a few people show up. The steering committee makes recommendations to the group which votes on the recommendations. Recommendations are also announced for three weeks. The decision is made by the

group in the business portion of a regular meeting. She noted that if something is not working, it can be started over at any time.

There being no further discussion, the meeting adjourned at 9:30 AM with the Serenity Prayer and the Al-Anon Declaration. The 2025 Spring AWSC will be held on February 14-15, 2025; the 2025 Spring Assembly will be held on May 17-18, 2025 in Lebanon, Tennessee.

Respectfully submitted,

Marian P., Secretary

Question for the Ask it Basket ... I would like to use Survey Monkey to send to my group for a Group Inventory. However, to use Survey Monkey I am limited to sending it to 20 people for free...

To send to a greater amount of individuals the cost is a membership at \$98 a month.

Do we have access to Survey Monkey anywhere and has anyone used this before for Group Inventory.

Looking for any ESH.

Would sending out via paper be the best way to do it

Liz G

Forgive me if these two "ask-it basket" questions are questions to ask at our District meeting this coming week.

- 1. Do any groups use a P. O. Box as a group mailing address? I've ordered our group Forum, but the current person who receives our mail cannot come to meetings regularly to give me the monthly Forum. In our business meeting we discussed getting a P. O. Box and the group wanted me to ask the district.
- 2. How do groups make group decisions ~ at group business meetings OR with a whole group conscience? For example, which way to we vote in new Trusted Servants?

Jaclynn F