

**Regional Trustee Résumé
For Submission to Area for Recommendation
Area 52 - Tennessee**

Board Vision Statement: *All people affected by someone else's drinking will find help and recovery in every community.*

Board Mission Statement: *Anticipate the future and Al-Anon's place in it and ensure that the necessary resources are available.*

Delegates to the World Service Conference are not eligible to be candidates for Trustee until two (2) World Service Conferences have elapsed after their term as Delegate ends. A **Regional Trustee (RT)** must live within the Region of their election, and the résumé form is submitted through the applicant's Area selection procedure.

If chosen to serve as a Regional Trustee, I agree to abide by the following (copied from resume submitted to the WSO):

- I understand that serving as a Trustee requires more than just a "willingness to serve."
- I am an active member of Al-Anon Family Groups, with at least ten (10) years of continuous membership, and I will continue attending Al-Anon meetings.
- I am not a member or former member of Alcoholics Anonymous (A.A.).
- I must relinquish all Al-Anon service positions beyond the group level during the term of service.
- I will be required to become an Al-Anon Member Involved in Alateen Service (AMIAS).
- I will be required to attend Trustee meetings on a quarterly (i.e., January, April, July, and October) or even on a monthly basis. These meetings may range from 28-to-60 days a year, depending on assignments.
- I can be available to the WSO for consultation and on short notice to attend special meetings of the Board of Trustees.
- I will be required to manage my own luggage, and to share a room with another Trustee.
- I am able to speak and write proficiently in the English language.
- I am in good health, and can sit for long periods of time.
- I can devote sufficient time to complete all assignments on Task Forces, Committees, and Work Group projects in a timely manner. I understand these assignments require a computer and will require work between Board meetings, by phone or e-mail, individually, or on a team.
- I will be asked to speak to large groups, both inside and outside of Al-Anon Family Groups.
- I may be asked to travel anywhere in the world on behalf of Al-Anon Family Groups.
- I understand the Board Vision and Mission statements, and will support the Board's group conscience decisions, regardless of my personal opinions.

Please use an electronic version of this form (available from your Area Delegate or Area Chairperson). Open and complete the form. Print and sign the completed form.

Regional Trustee Résumé Area 52 - Tennessee

Personal Information:

Name (Last, First, Middle Initial): _____

Mailing Address: _____

Primary Phone: _____ Secondary Phone: _____

E-mail address: _____

Home Group (Name and City): _____

Continuous years active in Al-Anon/Alateen: _____ I have a personal sponsor (y/n): _____

I have a service sponsor (y/n): _____ If no, I am willing to seek one for help (y/n): _____

List your Al-Anon/Alateen service positions beyond the group level. Example: District Representative, District Coordinator, Area Officer, Area Coordinator, etc. List most recent first.			
Position	Dates (from / to)	Position	Dates (from / to)
1.		7.	
2.		8.	
3.		9.	
4.		10.	
5.		11.	
6.		12.	

Skills/Knowledge

What skills and knowledge will you bring to the Board? Please mark with an "X" your experience in the following (leave blank, if you have no experience in an area):

	Highly Skilled	Working Knowledge
Leadership: organizing events and facilitating meetings		
Strategic planning		
Personal communication: (rate each)		
• Writing		
• Speaking		
Electronic communication: (rate each)		
• Using e-mail with attachments		
• Accessing and navigating Web sites		
Proficiency with basic computer programs: (rate each)		
• Word		
• PowerPoint		
• Excel		
Critical thinking and analysis		
Finance/Accounting: read/understand financial reports		
Public Speaking/Marketing		
Media Relations/Journalism		
Law, legislative, or legal experience		
Education/teaching experience		

	Highly Skilled	Working Knowledge
Healthcare: medical/treatment/counseling		
Work with ethnic groups or other cultures		
Proficiency in languages other than English:		
Non-profit board experience		
Volunteering in the community		
Professional, technological, or personal skills not listed above (please specify):		

Getting to Know You

Please respond to each of the items below.

1. What has motivated you to consider the position of Regional Trustee?
2. Give an example of your leadership skills in addressing a problem in your Area, work, or volunteer experience.
3. Identify one change in Al-Anon Family Groups, and explain how you were able to support and adapt to the change with the help of a particular Tradition.
4. Identify one change in Al-Anon Family Groups, and explain how you were able to support and adapt to the change with the help of a particular Concept.
5. What have you learned about yourself when working with others in service?

Attestation: This résumé is a true and accurate representation of my experience and skills.

Signature

Date

Printed Name